

NORTON JUNIOR HIGH INVITATIONAL TRACK MEET
Thursday, APRIL 6, 2023

ORDER OF EVENTS

9:30 am

Field Events

Discus	8G, 7G (West Ring)
Discus	8B, 7B (East Ring)
Shot put	7B, 8B (West Ring)
Shot put	7G, 8G (East Ring)
Javelin Girls	7G, 8G (Busch Field, Softball field Elmwood park)
Javelin Boys	7B, 8B (Legion Field inside of Race Track)
Long Jump	8G, 7G, 7B, 8B (East Pit)
High Jump	7G, 8G, 7B, 8B
Pole Vault	8G, 8B, 7G, 7B (might put girls together)
Triple Jump	8B, 7B, 8G, 7G (West Pit)

(Pole Vault and Triple Jump will alternate using the same runway)

Starting Heights

High Jump 7G – 3'8", 8G – 3'10", 7B – 4'0", 8B – 4'2"
Pole Vault 7G – 5', 8G – 5', 7B – 6', 8B – 6'6"

1:00 pm 3200M 8G/8B , 3200M 7G/7B

1:45 pm (approx) Running Events

100M Hurdles	7G, 8G, 7B, 8B (8B will be 33" high)
100M Dash	7G, 8G, 7B, 8B
1600M Run	7G, 8G, 7B, 8B
4x100m Relay	7G, 8G, 7B, 8B
400M Dash	7G, 8G, 7B, 8B
4x200m Relay	7G, 8G, 7B, 8B
800M Run	7G, 8G, 7B, 8B
200M Hurdles	7G, 8G, 7B, 8B
200M Dash	7G, 8G, 7B, 8B
4x400M Relay	7G, 8G, 7B, 8B