

REGIONAL – OFFICIAL ORDER OF EVENTS

Field Events – 1:00 PM (CST)

High Jump (Girls, Boys)
Pole Vault (Boys, Girls)
Long Jump (Run Simultaneously)
Triple Jump (Run Simultaneously)
Shot-Put (Run Simultaneously)
Discus (Run Simultaneously)
Javelin (Boy, Girls)

Preliminaries – 2:30 PM (CST)

2:30 PM Girls 100 M Hurdles (33")
2:40 PM Boys 110 M Hurdles (39")
2:50 PM Girls 100 M Dash
3:00 PM Boys 100 M Dash
3:10 PM Girls 200 M Dash
3:20 PM Boys 200 M Dash

Finals - Running events:

3:30 PM Girls 4 x 800 M Relay
3:45 PM Boys 4 x 800 M Relay

Break- 30 minutes

Finals-4:30 PM (CST)

4:30 PM Girls 100 M Hurdles (33")
4:35 PM Boys 110 M Hurdles (39")
4:40 PM Girls 100 M Dash
4:45 PM Boys 100 M Dash
4:50 PM Girls 1600 M Run
5:00 PM Boys 1600 M Run
5:10 PM Girls 4 x 100 M Relay
5:20 PM Boys 4 x 100 M Relay
5:30 PM Girls 400 M Dash
5:40 PM Boys 400 M Dash
5:50 PM Girls 300 M Hurdles (30")
6:00 PM Boys 300 M Hurdles (36")
6:10 PM Girls 800 M Dash
6:20 PM Boys 800 M Dash
6:30 PM Girls 200 M Dash
6:35 PM Boys 200 M Dash
6:40 PM Girls 3200 M Run
6:55 PM Boys 3200 M Run
7:10 PM Girls 4 x 400 M Relay
7:20 PM Boys 4 x 400 M Relay

***Time Schedule is only a guide. A rolling schedule will be used.**